

# 7 RULES FOR CO-PARENTING

Keep your child's  
best interest in  
mind at all times

Don't argue  
in front  
of your child

Do not make your  
child a "middle man" for  
scheduling/arranging

Don't force your child  
to choose one parent  
over the other

Do not talk  
negatively about your  
co-parent in front of  
you child

Do not make your  
child be a "spy" to get  
information about your  
co-parent

Make a plan and  
be consistent